



The Human Library

A journey into human diversity



Gilda Esposito, PhD

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Nocera Umbra, Italy

Our food for thought



- What is a Human Library?
- Why it's an opportunity for change
- What is diversity?
- How can we learn a lesson?
- How do we experiment it?



About the speaker

**I'm Gilda Esposito and I
am an innovation
facilitator**

**I believe in sailing the boat of change
in a collective journey to a better
society**





We all have a book in our soul

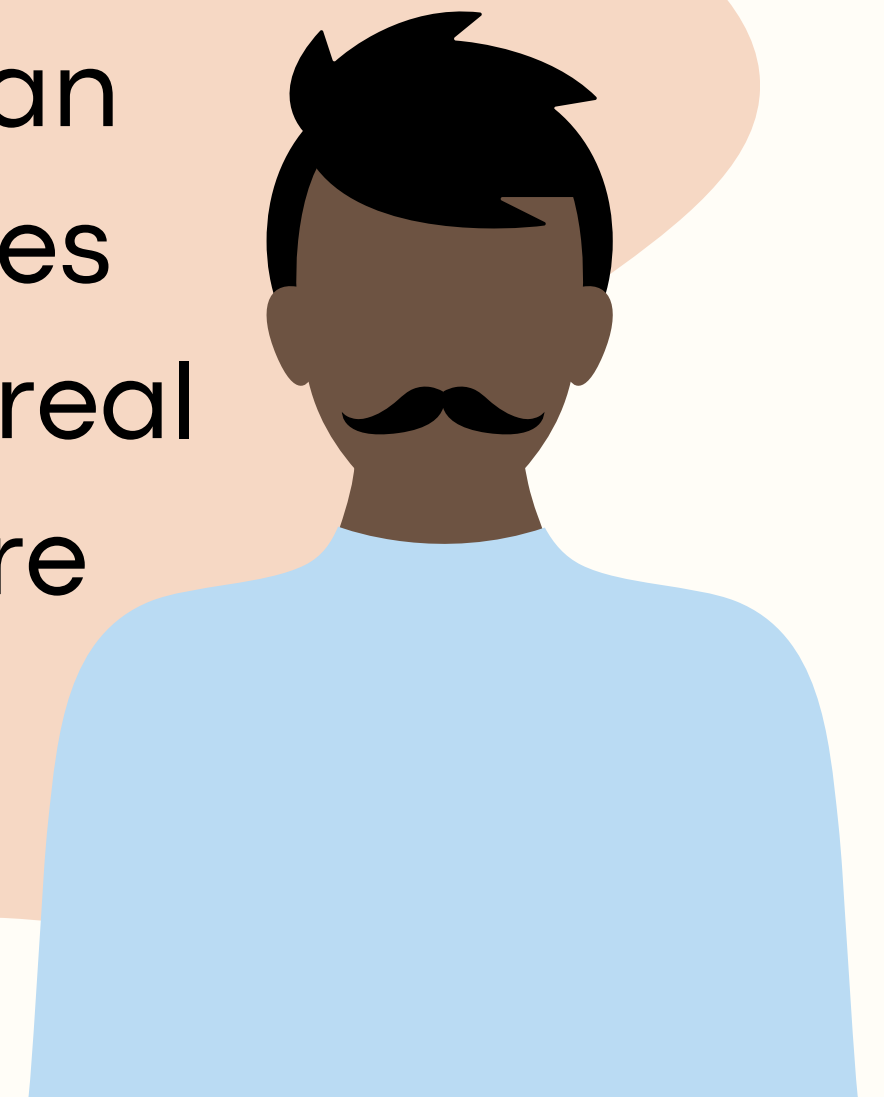
Imagination, fiction and narrative are what differentiates us
from other living beings

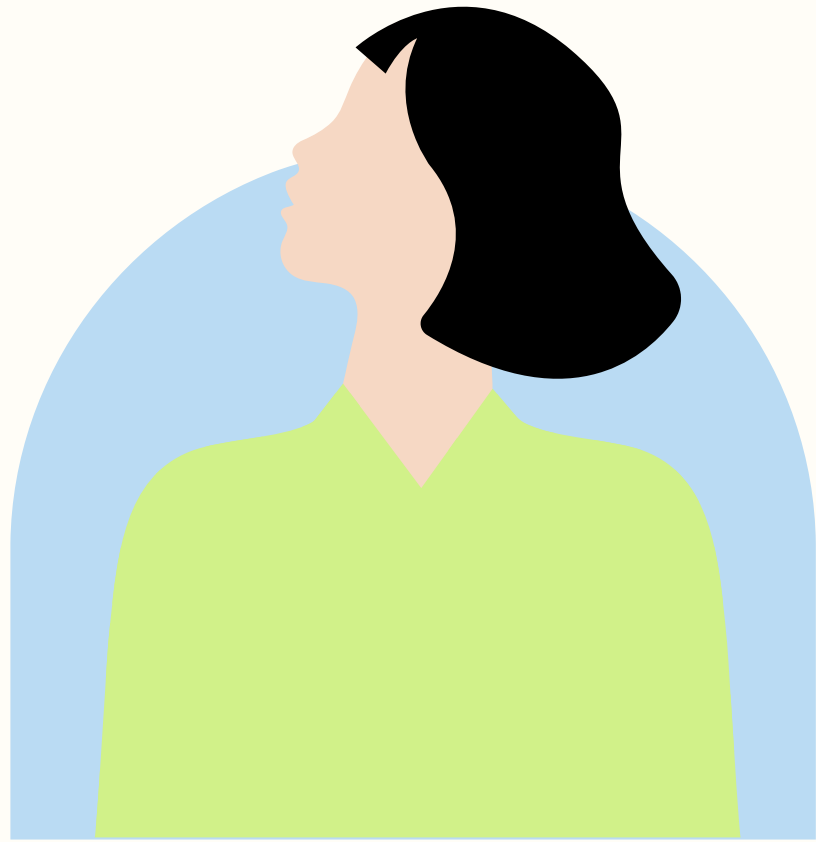




What is a Human Library?

The Human Library was designed in Denmark in 2000 to build a positive framework for conversations that can challenge stereotypes and prejudices through dialogue. It is a place where real people are on loan to readers, where difficult questions are expected, appreciated and answered. .





Don't judge a book from its cover

It starts from positive, non judging curiosity and fosters open mindless, inclusivity, empathy, and respect.

It is an antidote to stereotypes.



The Human Library aims to promote dialogue, understanding, and empathy by bringing together people from diverse backgrounds and experiences. It is an event or program where real people, known as "human books," volunteer to share their personal stories and experiences with others.

The human books are individuals who have faced stereotypes, discrimination, or prejudice based on aspects such as race, religion, gender, sexuality, disability, or any other characteristic that has led to their experiences being misunderstood or misrepresented.



The readers, or participants, have the opportunity to engage in open and honest conversations with the human books, asking questions and learning about their experiences firsthand. The human books share their stories, challenges, triumphs, and perspectives, allowing the readers to gain a deeper understanding and challenge their own preconceived notions.

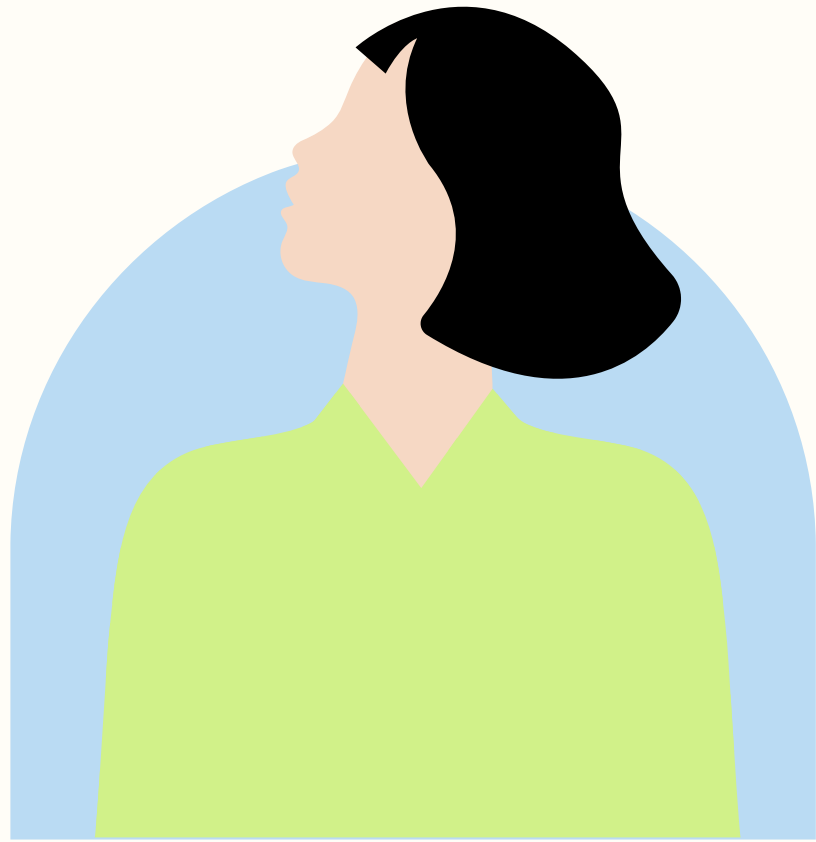
We share unique perspectives that challenge societal norms and so called "normality"



Human Bio-Diversity

We need to learn to value and respect individuals from any different backgrounds, walks of life, cultures, perspectives, abilities and identities

We then harness the benefits of a diverse community, which includes a wide range of perspectives, skills, and experiences and vision of a fairer society





And how do we do it together?



- Experiences in your country that you are aware of
- Adaptability to your community
- What is diversity in your opinion?
- How can we learn a lesson from other Human Libraries?
- How do we experiment it today in Nocera?